



The Five Faith Promises

Practicing the ways of faith in the home, on the road, or while out for a meal

The future does not arrive unannounced. If congregations continue to neglect parents and grandparents as significant influences in passing on faith to children, including teenagers; large numbers of young people in high school and beyond will join the ranks of those who have walked away from their faith. A partnership between the home and the congregation is essential if a strong faith in Christ is to be passed on.

Fortunately, there is a growing awareness that it can't be business as usual in congregations in the United States. More and more children's and youth ministries are recognizing the critical importance of empowering, equipping, and encouraging parents and grandparents to more intentionally engage in the faith formation of their children and grandchildren. It's not enough to rely solely on the congregation.

The *Five Faith Promises* used in the *Parenting Faith™* and *Grandparenting Faith™* programs are spiritual practices for households to do together. They are called promises because practicing them allows the home to experience the joy of living in grace as families follow Christ together.

"These are things we learned from our ancestors, and we will tell them to the next generation. We won't keep secret the glorious deeds and the mighty miracles of the Lord." Psalm 78:3-4 (CEV)

FIVE FAITH PROMISES

- #1 PRAYER:** We promise to pray together every day.
- #2 BIBLE READING:** We promise to read the Bible together regularly.
- #3 FAITH CONVERSATIONS:** We promise to talk together often about Jesus and our faith.
- #4 ACTS OF SERVICE:** We promise to perform acts of service together in our community, our congregation, and our home.
- #5 SHARED MEALTIMES:** We promise to share five or more meals together each week, and to engage in other rituals and traditions together.